

6TH FORM @ SWAKELEYS PSHCE SCHEME OF WORK 2024/25

Lessons in yellow will be led by an external organisation or RH

DATE	Year 12 WEEK A - THURS P3		Year 13 WEEK B - FRI P1
5th SEPT	Study strategies for success	13TH SEPT	UCAS introduction, reminders, expectations
19th SEPT	Dealing with Stress / Managing workload	27TH SEPT	Becoming independent
3RD OCT	Depression & Self harm	11TH OCT	Healthy Eating / cooking for yourself
17TH OCT	Social Media addiction		
Half term			
7TH NOV	Sexual Health - Split Banana tbc	15TH NOV	Managing risk – gap years / holidays / nights out
		29TH NOV	Consent - Disrespect no-body
5TH DEC	Drugs and alcohol - Daniel Spargo Mabbs Foundation (TBC)	13TH DEC	Effective revision recap
19TH DEC	Revision methods		
Christmas Holiday			
16th JAN	Future – what do you want to do? - Unifrog		
30TH JAN	University application process	24TH JAN	Being the new person (at work / uni etc) – inc professionalism etc
13TH FEB	Culture Day theme - What does it mean to be British?	7TH FEB	WIZE UP Financial ed
Half term			
6TH MARCH	Apprenticeships	28TH FEB	WIZE UP Financial ed
20TH MARCH	Employability Skills	14TH MARCH	WIZE UP Financial ed
3RD APRIL	Digital Footprint	28TH MARCH	WIZE UP Financial ed
Easter holiday			
1ST MAY	Coping with exam stress	25TH APRIL	Political Participation
15TH MAY		9TH MAY	LAST DAY - ALUMNI SIGN UP
Half term			
5TH JUNE	Personal Statements (in comp rooms)		
19TH JUNE	MY FUTURE DAY 2 - ORACY		
3RD JULY	TBC		