

# Spring/Summer Menu 2024

| WEEK A            | Meat Free Monday<br>(includes the Salad Bar)   | Tuesday   | Wednesday  | Thursday   | Friday  |
|-------------------|--|---|--|--|---|
| <b>Break-time</b> | Cheese & Crackers, Fruit,<br>Yoghurt<br><br>Croissant<br><br>Pain au Chocolate   | Cheese & Crackers, Fruit,<br>Yoghurt<br><br>Margarita Pizza Slices  | Cheese & Crackers, Fruit,<br>Yoghurt<br><br>Cheese and Onion Pasties<br>of Pork Sausage rolls  | Cheese & Crackers, Fruit,<br>Yoghurt<br><br>Panini (Cheese & Tomato or<br>Ham & Cheese)  | Cheese & Crackers, Fruit,<br>Yoghurt<br><br>Bread roll with butter/jam  |
| <b>Lunch</b>      | Jacket Potatoes<br><br>Vegetarian Arabiata<br>With salad and garlic bread<br><br>Sweet chilli noodles and<br>Fresh Salad on the side<br><br>Soup of the Day<br>Salad Bar<br><br>Ice Cream or fruit pot | Jacket Potatoes<br><br>Beef Chilli Con Carne with<br>rice taco shell and salsa salad<br><br>Quorn Beef Chilli Con<br>Carne with rice taco shell<br>and salsa salad<br><br>Halal Beef Chilli Con Carne<br>with rice taco shell and salsa<br>salad<br><br>Soup of the Day<br>Salad Bar<br><br>Flapjack or fruit pot | Jacket Potatoes<br><br>BBQ Chicken thighs with<br>herb diced potatoes and<br>coleslaw salad<br><br>Halal Chicken thighs with<br>herb diced potatoes and<br>coleslaw salad<br><br>Quorn Sausages with herb<br>diced potatoes and<br>coleslaw salad<br><br>Soup of the Day<br>Salad Bar<br><br>Jam Doughnut or fruit pot | Jacket Potatoes<br><br>Tikka Masala Chicken with<br>rice and broccoli<br><br>Halal Tikka Masala Chicken<br>with rice and broccoli<br><br>Vegetable Tikka Masala with<br>rice and broccoli<br><br>Soup of the Day<br>Salad Bar<br><br>Raspberry or Chocolate<br>mousse fruit or fruit pot | Fish Fingers & Chips<br>with baked beans<br><br>Vegetarian nuggets &<br>Chips<br>with baked beans<br><br>Selection of deserts |

# Summer Menu 2024

| WEEK B            | Meat Free Monday<br>(includes Salad Bar)   | Tuesday  | Wednesday  | Thursday   | Friday   |
|-------------------|--|--|--|--|--|
| <b>Break time</b> | Cheese & Crackers, Fruit,<br>Yoghurt<br>Croissant<br><br>Pain au Chocolate   | Cheese & Crackers, Fruit,<br>Yoghurt<br>Margarita Pizza Slices   | Cheese & Crackers, Fruit,<br>Yoghurt<br>Cheese and Onion Pasties<br>of Pork Sausage rolls  | Cheese & Crackers, Fruit,<br>Yoghurt<br>Panini (Cheese & Tomato<br>or Ham & Cheese)  | Cheese & Crackers, Fruit,<br>Yoghurt<br>Bread roll with butter/jam   |
| <b>Lunch</b>      | Jacket Potatoes<br><br>Tomato & basil pasta with<br>garlic bread & salad<br><br>Creamy vegetable bake<br>with garlic bread & salad<br><br>Soup of the Day<br>Salad Bar<br><br>Carrot cake or fruit pot | Jacket Potato<br><br>Jerk chicken with rice stone<br>fruit, tomatoes and<br>cucumber salad<br><br>Halal jerk chicken with rice<br>stone fruit, tomatoes and<br>cucumber salad<br><br>Mushroom stroganoff with<br>rice and fresh salad<br><br>Soup of the Day<br>Salad Bar<br><br>Cake of the day | Jacket Potatoes<br><br>Chicken meatball with<br>conchiglie pasta in tomato<br>& mascarpone sauce &<br>sweetcorn<br><br>Halal chicken meatball with<br>conchiglie pasta in tomato<br>& mascarpone sauce &<br>sweetcorn<br><br>Vegan meatball with<br>conchiglie pasta in tomato<br>& mascarpone sauce &<br>sweetcorn<br><br>Soup of the Day<br>Salad Bar<br><br>Ice Cream | Jacket Potatoes<br><br>Beef biryani with naan<br>bread and sweet carrot<br>salad<br><br>Halal beef biryani with naan<br>bread and sweet carrot<br>salad<br><br>Vegetable and chickpeas<br>biryani with naan bread and<br>sweet carrot salad<br><br>Soup of the Day<br>Salad Bar<br><br>Belgian waffle or fruit pot | Salad Bar<br><br>Breaded Cod & Chips<br>with baked beans<br><br>Vegetarian nuggets & Chips<br>with baked beans<br><br>Selection of deserts |