

SUCCEED

ASPIRE

ACHIEVE

ENJOY

Welcome back into Swakeleys



Please switch mobile phones to silent. The muster point for a fire is the tennis courts – follow staff instructions

Introduction from Ms Stevenson



The purpose of this evening:

- To welcome you into our school community
- To introduce key members of staff
- To give an overview of the year for your daughter
- To answer any questions that you may have about school
- To offer advice and guidance for the year ahead



Student

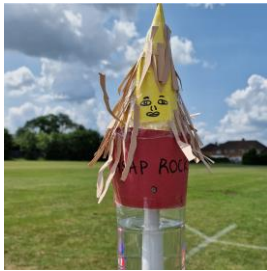
Success

Parents

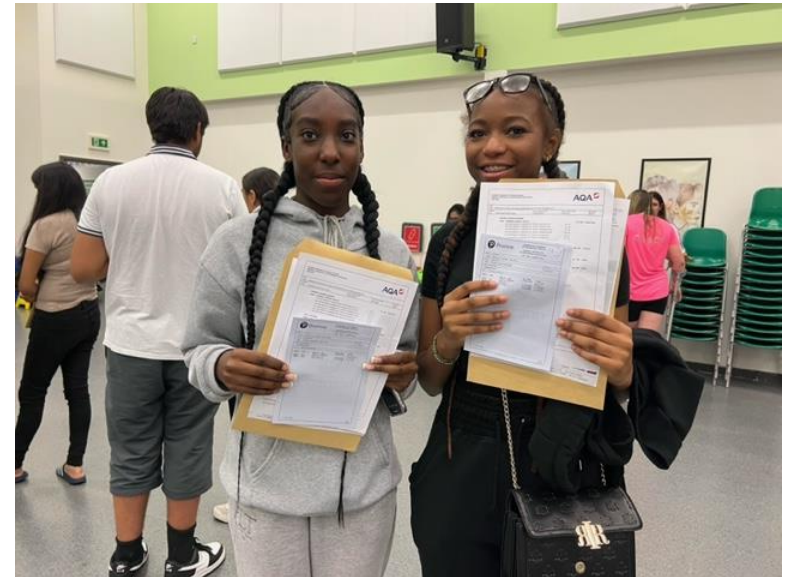
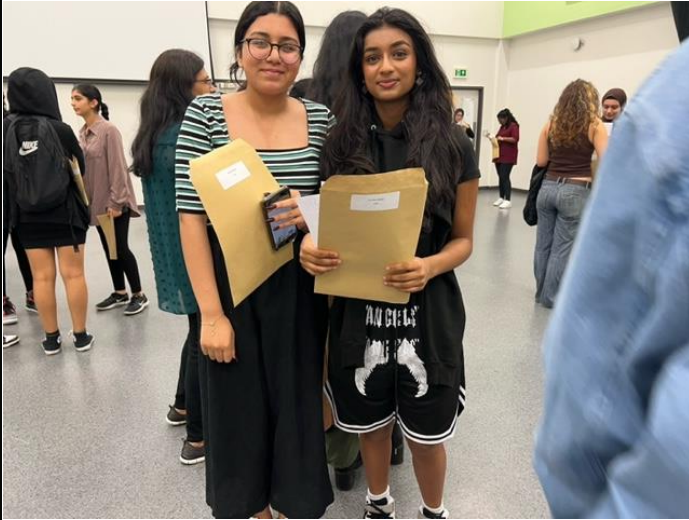
School



Enjoy



Achieve



Exam Success – GCSE

2023 headlines

80% achieved grade 4 and above with E&M

59% achieved grade 5 and above with E&M

500 *grades 9-7*

SUCCEED

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ACHIEVE

ENJOY

	Swakeleys	Hillingdon
Attainment 8	53.2	46.0
9-5% EM	59%	51%
Ebacc APS	4.67	4.09

Exam Success – A level

2023 headlines

21% achieved A*/A

53% achieved A*-B

79% achieved A*-C

Year 13 successes and destinations

MA	A	A	A	City - Business with Finance
ZA	A*	A	A	LSE - Economics
LB	A*	A	A	Manchester - Geography
KB	A	A	A	Queen Mary - Economics
RD	A	A	A	LSE - Management
CF	A*	A	A	Royal Holloway - Psychology
BM	A*	A	A	Kings - PPE
SS	A	A	B + B	Bath - Chemical Engineering
KS	Dist	Dist	Dist	Brighton - Primary Education

Progress



Progress 8:

*+0.61 in 2023
(unvalidated)*

+0.93 in 2022

+0.84 in 2019

+1.04 in 2018

Aspire

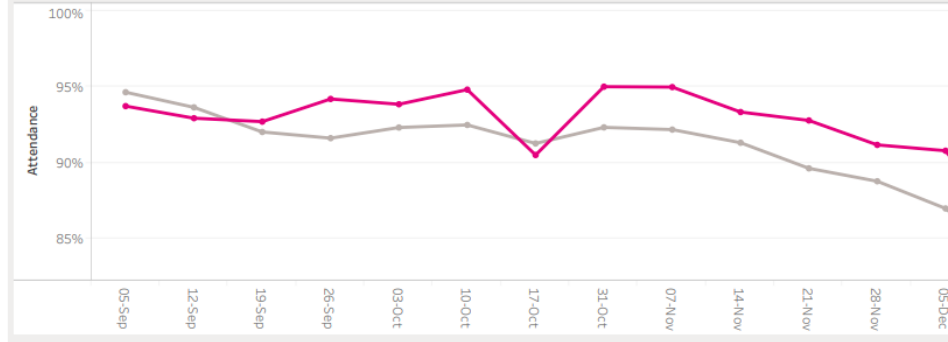


Succeed



Attendance summary

School attendance (pink line) | FFT national attendance (grey line)





What you love about Swakeleys

“Safe and diverse, different cultures, inclusive, students voices are heard, make a difference, staff is one big family who support each other”

“There’s always something exciting happening. Great place to work. It's a challenge. Like working with young people and encouraging them to develop their confidence and working together”

“Support, clear structures re behaviour, colleagues. The girls are great. Ethos.”

“Pupils are amazing. It has been the joy of my life to be interacting with these students. Passionate and enthusiastic girls. Wonderful girls. Wonderful cohesive school. When it's going well it's symbiotic. I am happy to come into work every day”

What will we be focusing on this year?

- Work shadowing – Year 10 & 12
- Increasing attendance at clubs
- Reviewing homework – can we improve this?
- Helping students know how to revise
- A continued focus on debating
- Asking students how we can improve the outside spaces
- Asking students how we can improve the school
- Continuing to work with parents and take feedback from parents
- Increasing the security of the school
- Focus on attendance - & attendance awards
- Focusing on character and culture – what does it mean to each student to enjoy, achieve, aspire and succeed
- Introducing a new platform for online parents evening appointments



Our Character and Culture Curriculum

We Enjoy

- ◆ We are safe and kind
- ◆ We build positive relationships
- ◆ We look after our mental health
 - ◆ We attend clubs
- ◆ We participate or compete in sport
 - ◆ We raise money for charity
 - ◆ We contribute to school events
- ◆ We recognise and celebrate diversity

We Achieve

- ◆ We do our best
- ◆ We meet attendance targets
- ◆ We reach reward milestones
 - ◆ We meet deadlines
 - ◆ We make progress

We Aspire

- ◆ We complete research and wider reading
 - ◆ We experience careers and the world of work
- ◆ We contribute to school council
 - ◆ We are aware of the news and world events
 - ◆ We lead and empower others
- ◆ We are part of a wider community

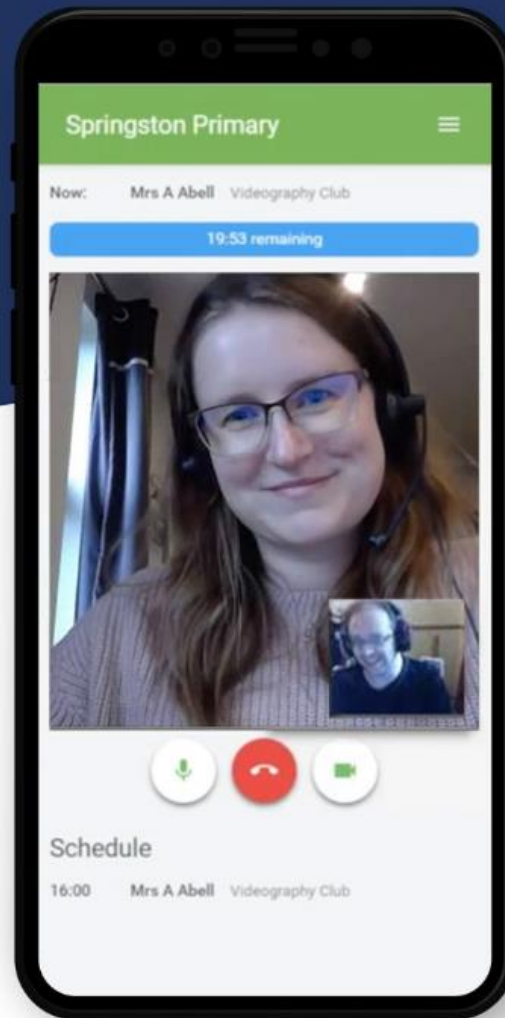
We Succeed

- ◆ We meet academic targets
 - ◆ We create things
- ◆ We perform and speak in front of audiences
- ◆ We positively express views and ideas
 - ◆ We volunteer and hold positions of responsibility


Employability Skills

- ◆ We work as a team
 - ◆ We are leaders
- ◆ We read and write effectively
 - ◆ We solve problems
- ◆ We show independence
 - ◆ We are resilient
 - ◆ We are creative
 - ◆ We listen
- ◆ We are numerate
 - ◆ We plan
- ◆ We speak confidently





 **schoolcloud**
Parents Evening



‘Your daughter is unique, there is no one like her in the whole world. She has a unique reason for being here, a purpose to discover and unfold in her life’

10 things girls need most, Steve Biddulph

Options

An outline of the options
process

Main curriculum: everyone

Examined subjects

- **English** (2 exams) | **GCSE**
- **English lit** (2 exams) | **GCSE**
- **Maths** (3 exams) | **GCSE**
- **Science** (6 exams) | **2 GCSEs**
- **RE** (2 exams) | **GCSE**

15 EXAMS = 6 GCSEs

Plus three more GCSEs

Non-examined subjects

- **PE**
- **PSHCE**
- **Work Shadowing**

Why a 3 year key stage 4?

1. Opportunity for pupils to have focused time to concentrate on the **skills** required to challenge the demands of GCSE curriculum. This is particularly pertinent to new subjects at GCSE
2. Opportunity for pupils to be taught effective examination techniques (Metacognition)
3. Student **engagement** in the curriculum

Options Pathways

HUMANITIES

pathway: Approx. 40 pupils



- **No MFL** – instead choose either Geography or History (a Humanity)
- 2 other choices

LANGUAGES

pathway: Approx. 200 pupils



- **With MFL**
- 2 other choices (inc. History or Geography for Ebacc)

EBacc

(English Baccalaureate)

An academic set of **5** subjects:

English

Maths

Science

MFL (French or German)

History or Geography

Grade 4 or higher in all to achieve Ebacc

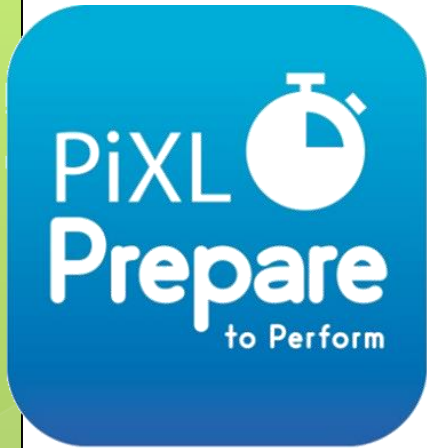
Option subjects

Art
Computer science
Food
Design Tech
Geography
History
PE
Dance
Drama
Music

New subjects:

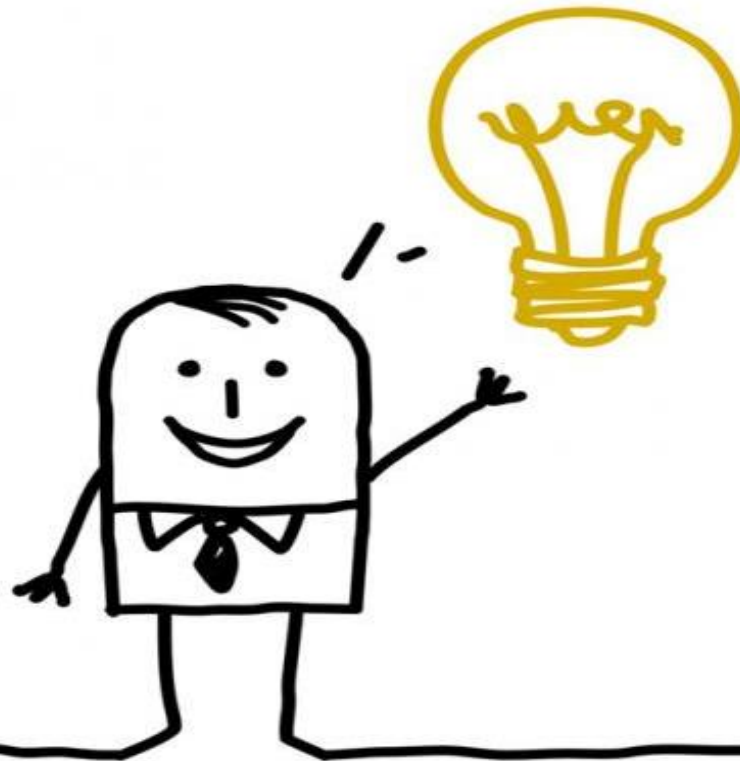
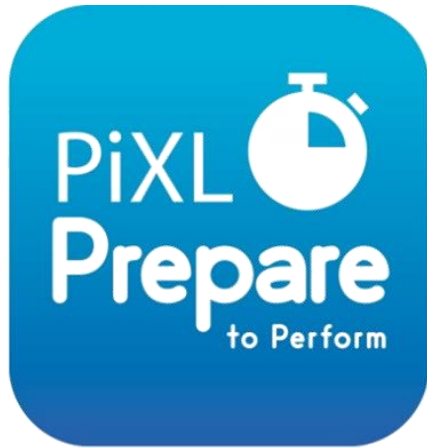
Art Graphics
Business
Citizenship
Photography
Child Care
Health Care
Media
Sociology
Psychology

Date/timing	Actions
Week comm. 6th Nov	Introductory letter home to all families
Mon 27th Nov	Introductory assembly to Y8 in <u>main Hall</u> with Mrs Devereux
Wed 29th Nov	Issue all option course descriptions (Options Book) to pupils
Mon 4th Dec	Pupils sign up for taster sessions in new option subjects
Mon 8th – Fri 19th Jan	Two weeks: taster lessons in KS3 options subjects, careers lesson in PSHCE, drop down taster lessons for new subjects in the canteen
Mon 15th Jan	‘Dry run’ of option choices on a Google Form
Fri 26th Jan	Issue options forms to all Y8 – <u>includes subject option blocks</u>
Tues 6th Feb	Deadline for handing in options forms



How can you support?

Year 8 Examinations Monday 26th Feb – Fri
8th March



Top 10 tips to support your child with their studies

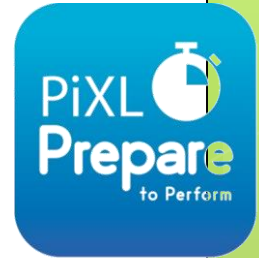
How can you help your child and prepare them to perform?



1. Being a role model
2. Help them set goals
3. Keep them active
4. Healthy eating
5. Time out
6. Sleep patterns
7. Unplugging
8. Staying cool & calm
9. Belief
10. Be supportive

Each day you can support your child to make choices which can impact how they perform during the exam period

1. Being a role model



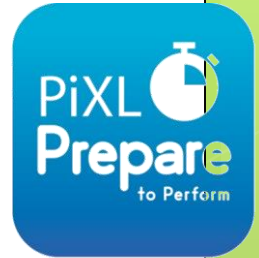
Set a good example by modelling the behaviour you want your child to adopt...

- Planning for the week
- Eating healthily and well
- Keeping hydrated
- Leading an active life
- Staying calm
- Being organised
- Good sleep habits



2. Goal Setting

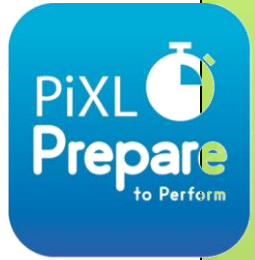
- **Help focus** them and talk to them about their goals regularly
- Give **positive reinforcement**
- **Connect** with them about 'why' and 'what' they want to achieve



3. Keeping Active

- Encourage them to keep active on a daily basis
- Carry out exercise in manageable chunks e.g. 3 x 20 min sessions throughout the day
- Plan to do active things together on a weekend
- Go out for a walk together and get some fresh air
- Help them plan out their weekly exercise schedule in advance
- After exercise your brain functions well, so encourage a revision/school work session afterwards

60
minutes
per day



4. Healthy Eating

- Plan your family meals for the week – breakfast, snacks, lunches and evening meals
- Avoid high sugary and fatty foods or drinks
- Aim to eat clean, fresh and healthy foods
- Have a couple or 'treat' meals per week
- Encourage them to eat breakfast everyday
- Hydration is key to brain functioning so make sure your child carries a bottle of water with them



5. Time Out



Encourage them to build in opportunities to take some time out every week, away from studying and homework. For example:

- Going out for food
- Seeing friends
- Having a bath
- Listening to music
- Reading a book
- Doing a hobby
- Going shopping
- Going to the cinema

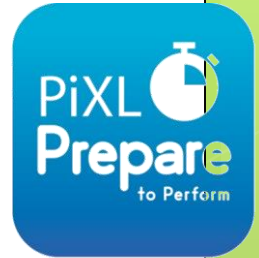


TAKING TIME OUT

IS AS IMPORTANT AS PUTTING TIME IN

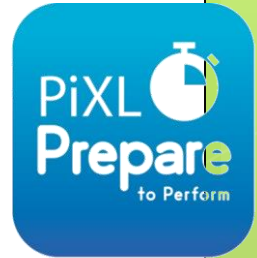
6.Sleep Patterns

- Young people need between 8 – 9 hours sleep per night
- Help your child create a relaxing evening routine
- Make sure they don't eat too late at night
- Avoid giving them caffeine or sugary drinks late at night
- Make sure they don't work or revise too late before going to bed
- Encourage them to switch off from social media / technology at least an hour before bedtime



7. Unplugging

- ✓ Encourage them to unplug from technology everyday
- ✓ Help them switch off from technology at least 30 mins- 1 hr before going to sleep
- ✓ Support your child to appreciate the world around them rather than being governed by their phone
- ✓ Make sure they put their phone away, & on silent, while they are concentrating on tasks / revision / homework
- ✓ Help them learn to have the control to not be obsessed with their phone
- ✓ Choose some time each day/week to switch off and unplug from technology with them



8. Staying Cool & Calm

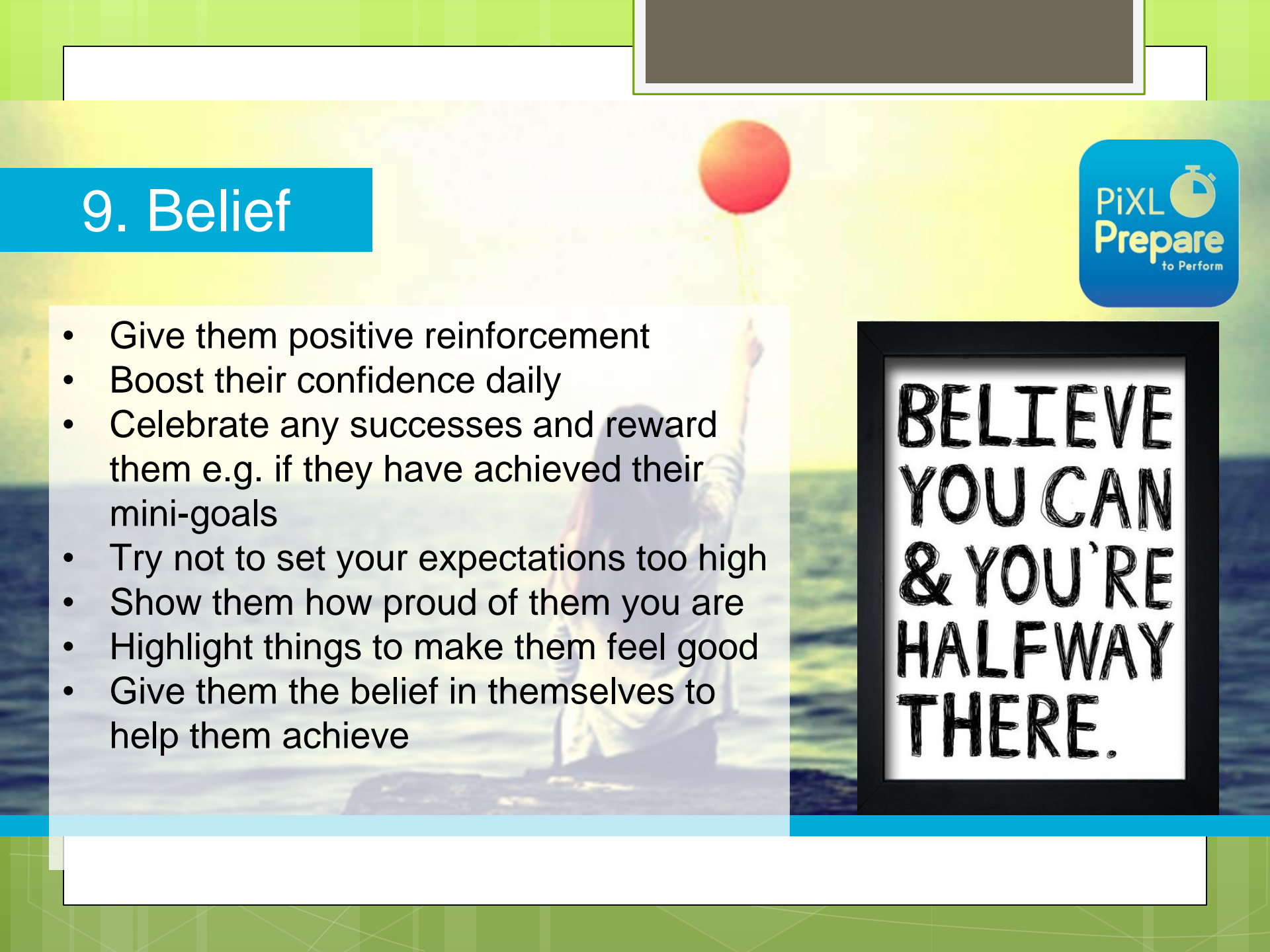


- Set a good example by staying calm yourself
- Create a relaxing environment for your child
- Help them plan out coping strategies to deal with their stress
- Give them positive distractions away from studying
- Help them understand their stress & to focus on controlling the controllables
- Promote a balance of their academic studies & other activities during the week

9. Belief

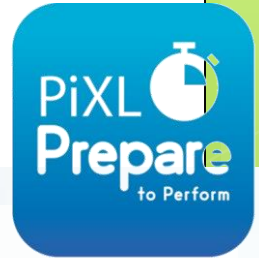


- Give them positive reinforcement
- Boost their confidence daily
- Celebrate any successes and reward them e.g. if they have achieved their mini-goals
- Try not to set your expectations too high
- Show them how proud of them you are
- Highlight things to make them feel good
- Give them the belief in themselves to help them achieve

A background image showing a person from behind, holding a red balloon, looking out over a body of water at sunset.

**BELIEVE
YOU CAN
& YOU'RE
HALFWAY
THERE.**

10. Be Supportive



- Be a good listener
- Be approachable
- Encourage them to take breaks in between revision during the exam period
- Show some understanding of what they are going through
- Help them deal with their emotions & feelings
- Offer caring advice
- Just be there for them!

A person is shown from the chest up, wearing a white t-shirt with the words 'DREAM', 'BELIEVE', and 'ACHIEVE' printed in large, bold, blue capital letters. The background is slightly blurred, showing what appears to be a tower.

Year 8

Parental Engagement Evening

Mrs L Finnerty
Year 8 Learning Co-ordinator

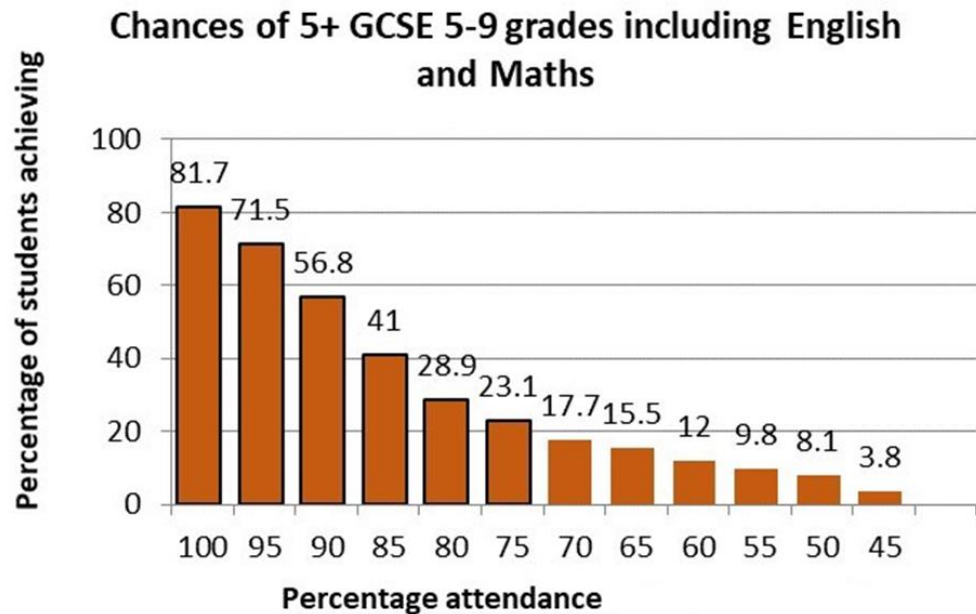
Mr Gray (YLC Weds)

Attendance

- Aim for 96-100% attendance
- If you don't feel you want to come in-try! You will probably feel better and if not welfare will send you home.
- Attendance is closely linked to attainment-which is why schools think it is so important.
- We have a reward system for excellent attendance which your daughter can be included in for attendance that is 96-100%.
- **Please do not book holidays in term time-they will not be authorised.**

Extensive research has shown the impact that attendance can have on the grades that pupils achieve at the end of Year 11.

A pupil with attendance below 95% has significantly less chance of securing 5 or more good passes at GCSE.



Punctuality

At Swakeleys we have a zero tolerance policy for lateness. This is the reason:


If you are 5 minutes late each day you lose the equivalent of 3 days learning a year.

If you are 15 minutes late a day you lose 9 days learning a year.

Punctuality is an important life skill that is valued by schools and sixth forms. *References always ask about punctuality.*

English, maths and science

<https://swakeleys.hillingdon.sch.uk/curriculum/>



Search SiteGo

HOMEABOUT USCURRICULUMADMISSIONSPARENTSRECRUITMENTSIXTH FORMCONTACT

THE CURRICULUM

PASTORAL INTENT

CAREERS GUIDANCE

CAREERS NEWS

USEFUL CAREERS WEBSITE LINKS

APPRENTICESHIP NEWS

'WIDENING PARTICIPATION'

HAP/ENRICHMENT


LEARNING SUPPORT AND EXTENSION

YEAR 11

THE CURRICULUM

Every girl is expected to work to the best of her ability, and is offered a broad and balanced school curriculum which will form the basis for later choices. We operate a 2 year Key Stage 3, which provides girls with 3 years working towards their GCSE qualifications. Click on each key stage to find out more or contact Mrs Devereux, Deputy Headteacher in charge of Achievement and Curriculum who will be happy to help.

An overview of our whole school curriculum intent can be viewed by clicking the image below:



To view details of subject intent at each key stage, scroll down and take a look. You can also view the details of our PSHCE programme by clicking this link: [PSHCE 2022-2023](#).

Click [here](#) to view our pastoral intent for each year group.

► KEY STAGE 3 SUBJECT CURRICULUM INTENT

enjoy
achieve
aspire
succeed

1) Intent: Wider key skills to develop through Maths

Build enjoyment of the subject

Develop written, mental and calculator methods of calculation

Organisation

Communicate mathematically

Select and apply techniques to solve problems

Reasoning

Swakeleys School for Girls

Key Stage 3 Maths: Making it add up



2) IMPLEMENTATION: KEY TOPICS COVERED IN YEAR 8

- PROBABILITY
- CIRCLES
- AREA & VOLUME
- PYTHAGORAS
- SIMILARITY & CONGRUENCE

The only way to learn mathematics is to do mathematics!

3) IMPACT: Assessment and outcomes in Key Stage 3

Knowledge of properties of numbers, fraction decimal and percentage equivalences, angle rules, averages definitions, area formulae, the probability scale, laws of indices

Skills to include methods of calculation with all types of numbers, effective use of a calculator, perform algebraic processes (eg expand, solve, etc), calculate areas and volumes, perform transformations, calculate averages

Understanding which skill to use, explain reasoning, proof

enjoy
achieve
aspire
succeed

Swakeleys School for Girls

Key Stage 3 Maths: Making it add up

How Can I Support?



- The school subscribes to SPARX Maths. This has video clips to explain topics as well as asking questions so there is no need for you to do it with them.
- They don't have to do all of their SPARX hw in one go. In many cases it helps to come back to it.
- You will receive emails from SPARX to help you to remind your daughter when maths hw is due. It will be due in the same day every week.
- Encourage your daughter to ask her maths teacher for help if she doesn't understand something.
- Practise key numeracy skills regularly. For example, times tables will be a key skill all the way to GCSEs & beyond!

The only way to learn mathematics is to do mathematics!

Year 8 Internal Exams

- **Monday 26th February until Friday 8th March 2024**

Careers Guidance at Swakeleys

- A Year 8 Careers google classroom page
- The classroom code is **F36AVIP**
- Careers focus weeks to support options choices
- Careers fair
- Independent careers advisor based in school on a Wednesday and Thursday
- Regular careers newsletters which are shared via google classroom and emailed out
- **UNIFROG** – one stop careers guidance platform
- We are now ready to launch our excellent careers platform **UNIFROG** with all parents/carers

Some of the UNIFROG tools

Exploring pathways

Careers library

Subjects library

Know-how library

MOOC

Personality profile

Interests profile

Read, Watch, Listen

Webinars

Recording what you've done

Activities

Competencies

Interactions

Searching for opportunities

UK universities

US universities

European universities

Oxbridge

Canadian universities

Asian universities

Australasian universities

ME and African universities

Irish universities

Special Opportunities

Events

Drafting application materials

UK Personal Statement

Classes

Subject References

CV / Resumé

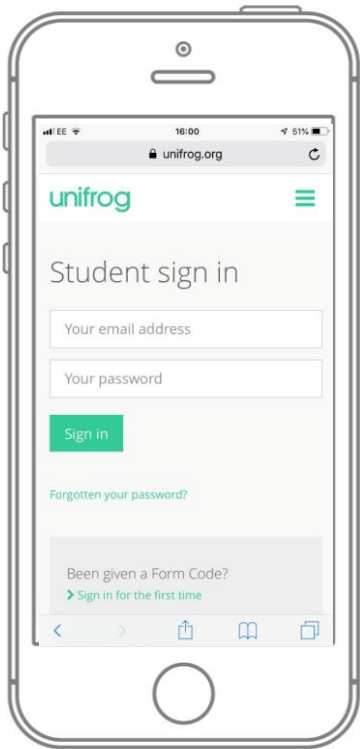
Writing tool

Common App Essay

US recommenders

Notes for Reference writers

Parent/carers - get signed up!



Go to www.unifrog.org/student and click 'Sign in for the first time'

You'll be asked for some details and a Sign up Code. This is what you need:

SWKLParents

After signing up, log into Unifrog using your email address and password via the student sign-in page



Safeguarding and Staying Safe

If you have any concerns or questions about the safeguarding of any young person while you are at Swakeleys School For Girls please speak immediately to the Designated Safeguarding Lead or a Deputy.

Hillingdon MASH
strongerfamilieshub@hillington.co.uk
01895 556006

**The Designated
Safeguarding Leads are:**



Mrs G Hare
Deputy Head/Lead
DSL



Miss S Hanlon
Assistant
Head/Deputy Lead
DDSL



Ms M Shah
Assistant YLC/
KS3 English



Mrs J Cherry
Lead
Practitioner/
6th Pastoral Lead



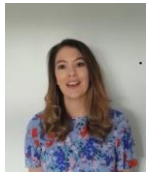
Mrs L Finnerty
YLC



Ms S Mejloumian
YLC



Ms K Currell
YLC



Miss H Allan
YLC



Miss F Swayne
YLC



Mrs F Sheldon
YLC Assistant



Mrs C Dennis
CL Music/
6th Pastoral Lead



Mrs A Hussain
YLC
Assistant

Social Media

- Whilst the internet and online technology provides new opportunities for our students to learn and grow, occasionally, there can be incidences of misuse of social media; sometimes by our students and at other times, where students have been the victims of misuse.
- Most inappropriate use of social media is done from home or on students' mobile devices during the evenings, weekends and holidays.
- Responsibility for monitoring the use of social media and the internet in general is with parents and carers. As a school we may take action in relation to incidents that impact on school life, however this action is likely to involve parental intervention.

There are lots of positives...



Online games can enhance teamwork and creativity



Add to the child's store of knowledge



Households with computers perform better academically



Improve both visual intelligence and hand-eye coordination

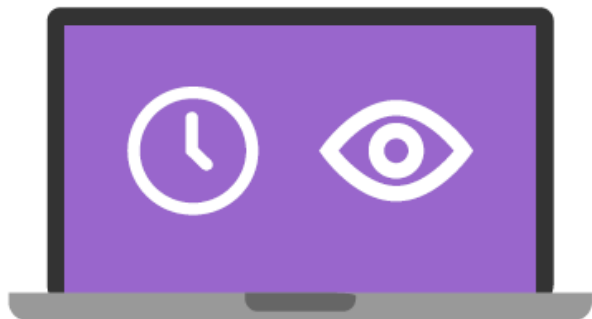
89% of 8-11 year olds said that using social media made them feel happy and 82% said it helped them to feel closer to their friends

2020 Ofcom

internet
matters.org

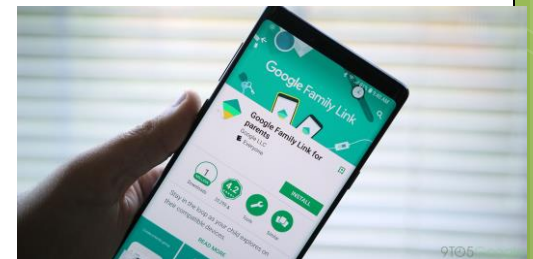
But technology can affect children's development...

- **Sleep cycles** are affected by blue light from screens
- Screen-based entertainment **increases central nervous system arousal**
- Children today are **more forgetful** than OAP's
- One study found that the **more distracted** you are, the less able you are to experience empathy
- Gaming platforms use persuasive design in order to keep people using their product, and **children are particularly vulnerable** to these tactics.



Tips for parents/carers

- ❑ Encourage your child to talk to you.
- ❑ Use parental controls.
- ❑ Use child friendly search engines.
- ❑ Turn of geolocation settings.
- ❑ Use the strongest privacy settings on social media.
- ❑ Learn how to report/block and mute.
- ❑ **Qustodio and Google Family Link** are apps that parents can download onto each device to help set limits and track your child.



3 key things to keep in mind

- Students should not join any social media sites if they are below the permitted age: **Whatsapp is 16 years of age and over, Instagram, Snapchat and TikTok are 13 years of age and over.**
- Be aware of how to report abuse and inappropriate content. All social media platforms have a reporting function.
- Students should not make inappropriate comments (including private messages) about the school, teachers or other students. These incidents will be referred to the Metropolitan Police.

Internet/screen time facts and impact

- There is a crisis of mental health amid rising screen time (girls).
- Loneliness spiked after 2012 when smartphones and social media proliferated.
- Teens spent 8.5 hours per day online on average
- In 1996 half of teens regularly read for pleasure. By 2017 only one teen in ten did.
- Teenagers don't learn the responsibility and social skills you get from being out in public – having a job, doing volunteer work, meeting new people, learning to drive, even going to parties.

How is this relevant to us at Swakeleys?

- By adhering to our mobile phone rules. No use in the school building. It is essential that students have time away from their screens.
- The importance of oracy and eye contact.
- The importance of playing at lunchtime.
- How important our ECAs are to student development.
- Young people who experienced sports were far less likely to experience anxiety and depression

Extra Curricular Activities and LRC Use (AUTUMN TERM)

	Club and Year Group	Day and time	Venue	Staff
M O N D A Y	GCSE Art Club	Mon-Thur Lunch 12.30 - 1.05pm	102	Miss Hack
	KS3 Art Club	Monday Lunch 12.30 - 1.05pm	115	Mrs Kumar
	Law Society	Monday Lunch 12.45 - 1.10pm	105	Ms Shah
	Vocal Group	Monday Lunch 12.25 - 1.05pm	010	Mrs Dennis
	Basketball (Y7 - 11)	Monday Lunch 12.30 - 1pm	Sports Hall	Mrs Manchorova
	KS4 Dance (Y9, Y10, Y11)	Friday Lunch 12.25 - 1.05pm	SH3	Miss Coking
	Debate Club	Monday Lunch 12.40 - 1.10pm	008	Mr Hepner
	Guitar/Ukulele	Monday Lunch 12.25 - 1.05pm	009	Miss Ellis
	Stage Bound (Y9 Drama)	Monday Lunch 12.25 - 1.05pm	003	Miss Swayne
	LRC (Y7 & 9)	Lunch	LRC	Mrs Basra
	LRC (All Years)	After school 3.20 - 4.30pm	LRC	Mrs Basra
	Team Netball (Y9 - 11)	After school 3:30 - 4:30pm	Sports Hall	Miss Kinnane/Ms Molent
	School Production (All Years - starts in Nov)	After school 3.20 - 5pm	Hall	Mrs Dennis
	Enterprise Club (Y9 & Y10)	Tuesday Lunch 12.30 - 1pm	118	Mr Bakhtiar/Mrs Arnold
T U E S D A Y	MFL Poetry Club	Tuesday Lunch 12.35 - 1pm	004	Mrs Hassani
	GCSE Photography	Tuesday Lunch 12.30 - 1.05pm	116	Ms Wahid
	GCSE Art Club	Mon-Thur Lunch 12.30 - 1.05pm	102	Miss Hack
	Upper Vocals (Y9+)	Tuesday Lunch 12.25 - 1.05pm	010	Mrs Dennis
	KS3 Dance Club (Y7 & Y8)	Tuesday Lunch 12.25 - 1.05pm	SH3	Miss Coking
	"9 IT" (Y11 Drama)	Tuesday Lunch 12.25 - 1.05pm	003	Miss Swayne
	Instrumental/Band	Tuesday Lunch 12.25 - 1.05pm	009	Miss Ellis
	GCSE Trampoline (Y11)	Tuesday Wk A Lunch 12:30 - 1pm	Sports Hall	Miss Peace
	Multi-sports (Y7)	Tuesday Lunch 12:30 - 1pm	Sports Hall/NC	Miss Peace/Miss Kinnane
	Book Club (Y7)	Monday week A 12.45 - 1pm	103	Ms Jones
	Languages Club KS3/4 (German) - October	Tuesday Lunch 12.30 - 1.00pm	006	Mrs Brewer
	Science CREST Club (Y7 - 11)	Tuesday Lunch 12.50 - 1.15pm	222	Ms Nandhra
	LRC (Y8 & 11)	Lunch	LRC	Mrs Basra
	LRC (All Years)	After school 3.20 - 4.30pm	LRC	Mrs Basra
W E D N E S D A Y	Self-defence (Y7 - 11)	After school 2:30 - 3:30pm	SH2	Miss Stroud/Mrs
	GCSE Art Club	Mon-Thur Lunch 12.30 - 1.05pm	102	Miss Hack
	Meditation for Mindfulness	Wednesday lunch 12.25 - 12.55pm	204	Mrs Tooker
	Swakeleys Squad (Audition Only)	Wednesday Lunch 12.30 - 1.05pm	SH3	Miss Coking
	Keyboard Club (Y7 & Y8)	Wednesday lunch 12.25 - 1.05pm	010	Mrs Dennis
	Lego Club (Y7 & Y8 - invite only)	Wednesday Lunch 12.25 - 1.05pm	107	Mrs Morning
	Shakespeare Schools Festival (Invite only)	Wednesday Lunch 12.25 - 1.05pm	009	Miss Ellis
	Foreign Film Club	Wednesday Lunch 12.35 - 1pm	007	Mr Kreker/Mrs Remtula
	Languages Club KS4 (French/ German) - October	Wednesday Lunch 12.30 - 1pm	006	Mrs Brewer
	Science Astronomy Club	Wednesday Lunch 12.50 - 1.15pm	221	Miss Mohamed
	Archery Club (Y7)	Week A Wednesday Lunch 12.25 - 12.50pm	SH2	Mr Try
	Book club (Y10 & 11)	LAST Wednesday of each half term 12.30 - 1.10pm	104	Miss Ellis
	LitSoc (Y12 & 13)	Wednesday Lunch 12.35 - 1.05pm	57	Ms Pimbert
	English Ambassadors	Wednesday Lunch 12.40 - 1.10pm	104	Miss Ellis
	The Hangout Club	Wednesday Lunch 12.45 - 1.10pm	105	Miss Austin/Ms Shah
	Badminton (Y7-11)	Wednesday Lunch 12.30-1pm	Sports Hall	Miss Peace
	Film and Television Club	Wednesday Lunch 12.30 - 1:00pm	014	Miss Sebley
	LRC (Y7 & 10)	Lunch	LRC	Mrs Basra
	LRC (All Years)	After school 3.20 - 4.30pm	LRC	Mrs Basra
	First Aid Society (Y12 & Y13)	After school 3.20 - 4.20pm	S15	Mr Try
	Team Netball (Y7 - 8)	After school 3.30 - 4.30pm	Sports Hall	Miss Peace
	School Production (All Years - starts in Nov)	After school 3.20 - 5pm	Hall	Mrs Dennis

T H U R S D A Y	GCSE Art Club	Mon-Thur Lunch 12.30 - 1.05pm	102	Miss Hack
	GCSE Photography	Thursday & Friday Lunch 12.30 - 1.05pm	116	Mr Riches
	GCSE Y11 Art club	Thursday Lunch 12.30 - 1.05pm	101	Mrs Kumar
	KS4 Dance (Y9, Y10, Y11)	Thursday Lunch 12.25 - 1.05pm	SH3	Miss Coking
	Percussion Club	Thursday Lunch 12.25 - 1.05pm	009	Miss Ellis
	Languages Club KS3/4 (French)	Thursday Lunch 12.30 - 1pm	006	Mrs Brewer
	Y8 Actors Anonymous	Thursday Lunch 12.25 - 1.05pm	003	Miss Swayne
	GSA-Gender and Sexuality Alliance	Week B Thursday Lunch	511	Mrs Hare
	Geography Film Club/Ambassadors	Thursday at 12.30 - 1pm	215	Miss Lyons
	Netball (Y7 - 11)	Thursday Lunch 12.30 - 1pm	Sports Hall	Mrs Violet
	EAL Club	Thursday Lunch 12.45 - 1.15pm	118	Ms Huang
	Crochet Club (Y9)	Thursday Lunch	206	Mrs Johal, Miss Raza,
	Mindfulness	Thursday Lunch	108	Ms Currell/Miss Sebley
	LRC (Y8 & 9)	Lunch	LRC	Mrs Basra
	LRC (All Years)	After school 3.20 - 4.30pm	LRC	Mrs Basra
	Science Club (Y7 & Y8)	After school 3.20 - 3.50pm	223	Ms Kantak
	GCSE Badminton	After school 3.30 - 4.30pm	Sports Hall	Miss Peace
	School Production (All Years - starts in Nov)	After school 3.20 - 5pm	Hall	Mrs Dennis
F R I D A Y	GCSE Photography	Thursday & Friday 12.30 - 1.05pm	116	Mr Riches
	D of E (KS4)	LAST Friday of Half Term Lunch 12.25 - 1.05pm	SH3	Miss Coking
	Dramatic Dreams (Y10)	Friday Lunch 12.25 - 1.05pm	003	Miss Swayne
	Y7 Centre Stage (Year 7)	Friday Lunch 12.25 - 1.05pm	009	Miss Ellis
	Football (Y7 - 11)	Friday Lunch 12.30 - 1pm	Sports Hall	Miss Kinnane
	ISOC	Friday Lunch 12.40 - 1.05pm	Rm 118	Mrs Saeed/Miss Raza
	Coding Club (Y7 & Y8)	Friday Lunch 12.30 - 1pm	015	Mrs Vasanthakumaran
	LRC (Y10 & 11)	Lunch	LRC	Mrs Basra
	LRC (All Years)	After school 3.20 - 4.30pm	LRC	Mrs Basra

Year 8 are expected to join at least two extra-curricular clubs

Benefits:

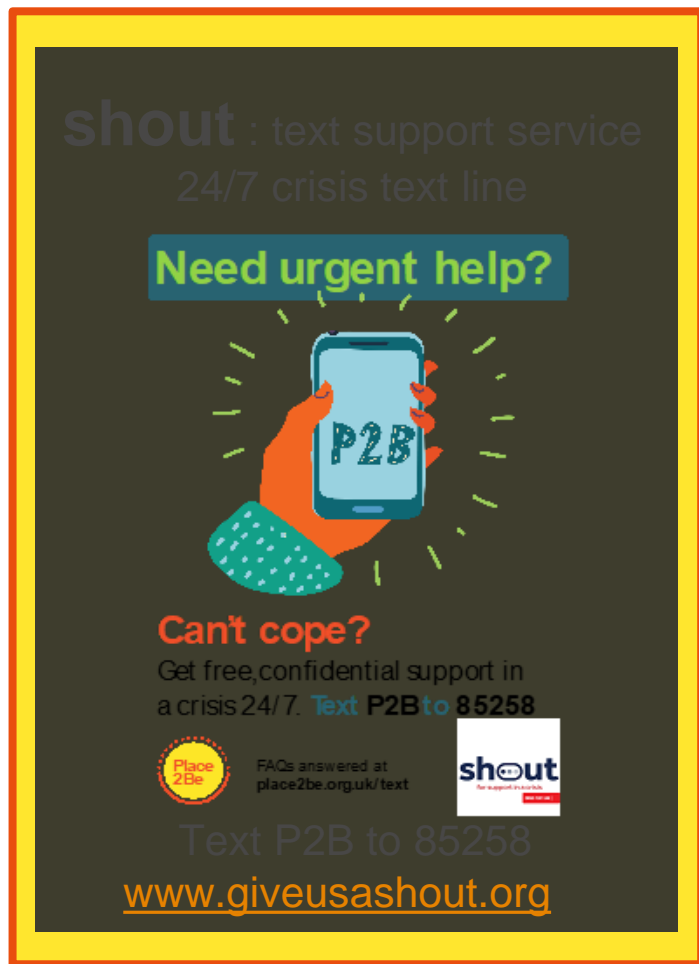
- Enjoy learning a new skill
- Form new friendships and develop social skills
- Develop further interests
- Develop self-esteem and confidence

Mental Health services available

□ Place2Be and Place2Talk


- **Place2Be** provides emotional and therapeutic services in primary and secondary schools, building young people's resilience through **talking, creative work and play.**
- **Place2Talk** is here at break or lunchtime to support young people to think about any worries they might have.
- **How:** Email place2be@swakeleys.org.uk
- **What:** Book a 15 minute appointment
- **When:** Break or lunchtime (Monday to Thursday)
- **For:** Individual or small group session (up to 3 people)
- **Confidential unless there is a safeguarding concern**

Mental Health services available





shout : text support service
24/7 crisis text line

Need urgent help?



Can't cope?
Get free, confidential support in
a crisis 24/7. **Text P2B to 85258**

 FACs answered at
place2be.org.uk/text



Text P2B to 85258
www.giveusashout.org

- We also have a Pastoral Support Team.
- Mr Tottman & Ms Ferreira are available to be seen at break time and they will see students on a weekly basis by appointment if it is felt that support is required.

Key Dates for Year 8 Autumn Term

- **Wednesday 11th October:** INSET Day
- **Friday 20th October:** Form Tutor We Listen Day Year 8
- **Half Term:** Monday 23rd October – Tuesday 31st October
- **Thursday 23rd & Friday 24th November:** INSET Days
- **Wednesday 13th December:** Year 8 reports home
- **Wednesday 20th December:** Christmas holidays, return to school Monday 8th January

Form tutors

8FN	Mrs Violet
8MC	Ms Ellis
8EB	Mr Gray & Mrs Nandhra
8JA	Miss Stranges
8AF	Mr Biedul
8RP	Mr Tatla & Mrs Remtulla
8MY	Miss Ahmed & Mrs Dennis
8DS	Mr Green

Thank you

- Please use the QR code to now complete the short questionnaire regarding your daughter's start to the new academic year school:

