

SWAKELEYS SIXTH FORM

PSHCE Lesson Overview: 2022-23

	Year 12 (Friday B2)	Year 13 (Friday A3)
Friday 9 th September		UCAS introduction, reminders, expectations
Friday 16 th September	Dealing with Stress / Managing workload	
Friday 23 rd September		Becoming independent
Friday 30 th September	Self harm	
Friday 7 th October		Cooking / Healthy eating away from home
Friday 14 th October	Tutor 1-1 Day	
Friday 21 st October		Drugs and alcohol – looking after each other – Daniel Spargo Mabbs Foundation (Hall)
Half term		
Friday 4 th November	First aid Swakeleys First aid club (need Hall)	
Friday 11 th November		Managing risk – gap years and holidays
Friday 18 th November	Sexual Health - BROOK (Hall - 30mins)	
Friday 25 th November		Marking day
Friday 2 nd December	Jeff Markham (Cardiac Risk in the Young) Presentation (Hall)	
Friday 9 th December		Revision methods
Friday 16 th December	Revision methods	
Christmas Holiday		
Friday 6 th January		Mock exams
Friday 13 th January	Mock exams	
Friday 20 th January		Consent - Disrespect no-body
Friday 27 th January	Kathleen Saxton Interview skills and networking presentation	
Friday 3 rd February		Healthy relationships - Women's Aid
Friday 10 th February	Future – what do you want to do? - Unifrog	
Half term		
Friday 24 th February		Being the new person (at work / uni etc) – inc professionalism etc

Friday 3 rd March	University application process & Personal Statements	
Friday 10 th March		Finances –Student loans
Friday 17 th March	Careers and CV's - (RW?)	
Friday 24 th March		Finances – Budgets & Bills
Friday 31 st March	Employability Skills (LORIC)	
Easter holiday		
Friday 21 st April		Renting and mortgages - Pensions etc
Friday 28 th April	Participating in Democracy	
Friday 5 th May		Coping with exam stress
Friday 12 th May	Coping with exam stress –	
Friday 19 th May		Reflection
Friday 26 th May	AS exams	
Half term		
Monday 6 th June	AS exams	
Friday 17 th June		
Friday 1 July	UCAS	
Friday 15 th July		

Resources

PSHE Education Programme of Study
 Explore PSHE for KS5 – Hodder
 Barclays Life Skills
 St Johns Ambulance
 Disrespect Nobody
 Kooth