

Autumn Term Canteen Menu 2021

	WEEK A	Meat Free Monday (includes the Salad Bar)	Tuesday	Wednesday	Thursday	Friday
B R E A K	Cold Service to take away	Cheese & Crackers, Fruit, Yoghurt Sandwiches	Cheese & Crackers, Fruit, Yoghurt Sandwiches	Cheese & Crackers, Fruit, Yoghurt Sandwiches	Cheese & Crackers, Fruit, Yoghurt Sandwiches	Cheese & Crackers, Fruit, Yoghurt Sandwiches
	Hot Service to eat in canteen	Vegetarian Savoury Croissant Pain au Chocolat	Home-Made Pizza Slices Cheese & Tomato Or Vegetable Topping	Sausage Roll Cheese & Onion Roll	Home-Made Pizza Slices Cheese & Tomato Or Vegetable Topping	Panini Vegetable Or Meat Filling
L U N C H	Cold Service to take away	Sandwiches/Salad Pot Cheesecake/ Fruit/ Yoghurt	Sandwiches/Salad Pot Fruit/Yoghurt	Sandwiches/Salad Pot Lemon Sponge Fruit/Yoghurt	Sandwiches/Salad Pot Apple Pie/Fruit/Yoghurt	Sandwiches/Salad Pot Flapjack/Fruit/Yoghurt
	Hot Service to eat in canteen	Macaroni Cheese and Sweetcorn Sweet Potato, Chickpea and Spinach Curry & Rice Salad Bar/Jacket Potato	Sausage & Mash with Cauliflower Gratin/Broccoli Quorn Sausages & Mash with Cauliflower Gratin/Broccoli Salad Bar/Jacket Potato	Tomato and Basil Pasta with Garlic Bread / Side Salad Chicken Curry and Rice Salad Bar/Jacket Potato	Roast Chicken or Halal Chicken with Roast Potatoes and Green Beans Vegetarian Escalope with Roast Potatoes and Green Beans Salad Bar/Jacket Potato	Breaded Cod with Chips and Mushy Peas/Baked Beans Vegetarian Nuggets with Chips and Peas / Baked Beans Salad Bar/Jacket Potato
	Dessert to eat in canteen with hot meal	Cheesecake	Peach Crumble and Custard	Lemon Sponge	Apple Pie and Custard	Flapjack

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	WEEK B	Meat Free Monday (includes the Salad Bar)	Tuesday	Wednesday	Thursday	Friday
B R E A K	Cold Service to be taken away	Cheese & Crackers, Fruit, Yogurt Sandwiches	Cheese & Crackers, Fruit, Yogurt Sandwiches	Cheese & Crackers, Fruit, Yogurt Sandwiches	Cheese & Crackers, Fruit, Yogurt Sandwiches	Cheese & Crackers, Fruit, Yogurt Sandwiches
	Hot Service to eat in canteen	Vegetarian Savoury Croissant Pain au Chocolat	Home-Made Pizza Slices Cheese & Tomato Or Vegetable Topping	Sausage Roll Cheese & Onion Roll	Home-Made Pizza Slices Cheese & Tomato Or Vegetable Topping	Panini Vegetable Or Meat Filling
L U N C H	Cold Service to take away	Sandwiches/Salad Pot Jam Tart/Fruit/Yoghurt	Sandwiches/Salad Pot Fruit/Yoghurt	Sandwiches/Salad Pot Chocolate Sponge Fruit/Yoghurt	Sandwiches/Salad Pot Cake of the Day Fruit/Yoghurt	Sandwiches/Salad Pot Flapjack/Fruit/Yoghurt
	Hot Service to eat in canteen	Roasted Veg Pasta Bake, Garlic Bread, Side Salad	Beef and Leek Pie with Herby Dice and Mixed Vegetables	Chicken Cacciatore (olives, tomatoes, garlic rosemary) with Buttered New Potatoes	Cottage Pie/Halal Chicken Pie with Sweetcorn/Peas	Steamed cod & parsley sauce, Mashed Potato & Broccoli
		Quorn Fillets with Creamy Mushroom Sauce and Rice	Quorn and Leek Pie with Herby Dice and Mixed vegetables	Vegetable Carbonara with Green Salad	Quorn Pie with Sweetcorn/Peas	Omelette with Mashed Potato & Broccoli
	Dessert to eat in canteen with hot meal	Salad Bar/Jacket Potato Jam Tart	Salad Bar/Jacket Potato Apple Crumble and Custard	Salad Bar/Jacket Potato Chocolate Sponge	Salad Bar/Jacket Potato Cake of the Day	Salad Bar/Jacket Potato Flapjack