

10 July 2011

Dear Parent/Carer

I would like to take this opportunity to write to you to clarify the expectations we have at Swakeleys School with regard to your daughter's footwear in PE lessons.

Over the past few months we have noticed a significant increase in the number of pupils wearing inappropriate trainers to their PE lessons which is a health and safety issue for the PE Department. There are two main popular shoes which are our biggest concern:

- i) the fashion basketball shoes which are quite often loose on their feet which can increase the risk of an ankle injury
- ii) the plimsoll type shoe which has a very thin sole which causes impact injuries for the knee and ankle.

Your daughter should be wearing **lace up sports trainers** which are suitable for inside and outside use and have a non marking sole. There are several sports shops in the area that do these shoes at a very reasonable price and I have included sample pictures are below.

If your daughter has incorrect footwear for PE in September she will be issued a detention and asked to find replacement trainers for the next lesson.

I would like to take this opportunity to thank you for your support in advance in this matter.

Yours sincerely



Mrs Croker
Head of PE

Examples of inappropriate footwear



Examples of suitable trainers

