



Year 9 - Finding Your Independence



Sign up for FAB on
Google Classroom
Code: uxvcf4wi

**PROGRAMME OF
ACTIVITIES**

**15th & 16th July
2026**

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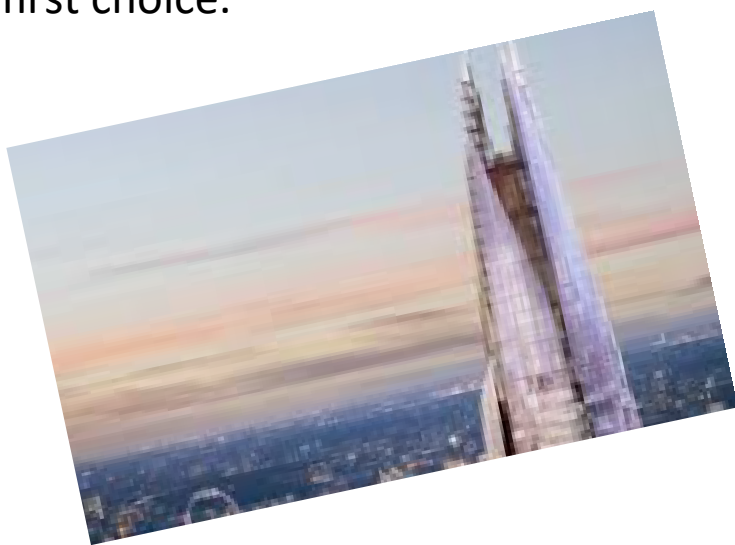
INTRODUCTION

We are very excited to launch FAB Week 2026! The theme for the year 9 activities is “Finding Your Independence.” One of the aims is to give year 9s the opportunity to develop their skills of coping in the wider world independently. This links to our school values of “Trust”.

Inside this booklet you will find the brief outline of all the activities on offer to year 9 for this year’s FAB days. Read each trip carefully to find out what the 2 days will involve, the cost of the trips and any specific trip requirements.

You can then decide which trip you wish to go on.

When applying, we ask you to indicate your top 3 in order of preference. Note: It is not possible to give everyone their first choice. We do our best and last year the majority of students did get their first choice.



*“Memories that
will last a
lifetime.”*

**Read all activity information carefully before
selecting your choices.**

All timings are approximate and subject to change.

SIGN UP

- Sign up will take place online from 15:30 Friday 6th February until 09:00 Wednesday 11th February. The year 9 sign up form can be found in the FAB Google Classroom (code **uxvcf4wi**) and on the school website.
- **THE SIGN UP PROCESS IS NOT FIRST COME FIRST SERVED. DISCUSS WITH YOUR FRIENDS AND FAMILY BEFORE APPLYING!!!**
- Just after half term you will get a ticket and payment will soon then appear on PARENTPAY. Payment for your trip using PARENTPAY must be made by midnight on Friday 1st May 2026. This step is vital in securing your place.

In order to proceed with the payment, you will need to have your PARENTPAY Login details. Once logged in, you will see the allocated trip and you will need to action payment. Please email the school office if you have a ParentPay query.

Pupils Premium (PP) students are expected to pay a 50% contribution to any trip requiring payment. The amount payable is clearly stated in the information section of each trip/activity.

SEASIDE & CITY SOUTHEND & LONDON SIGHTSEEING

This activity is OFF SITE

Southend is the ultimate day trip for a mix of high-energy thrills and beach hangouts. You can head to Adventure Island where entry is free and you can grab an all-day wristband for over 40 rides. If rides aren't your thing then check out the world's longest pleasure pier for the perfect seaside selfie.

On the other day, get ready for an epic London day out that's all about the views and the vibes! Start by soaring 135 meters high on the London Eye, where you can grab amazing 360-degree photos and spot famous landmarks like Big Ben and The Shard. Afterwards, hop on a Thames sightseeing cruise to see the city from the water.



- Cost £40 for both days' activities, Pupil Premium students will need to pay £20.
- Places for 96 students
- On the Southend day; 8.00am to 4.00pm (leaving from school)
- On the London day meet at Hillingdon station at 9:30.
- Packed lunch required for both days
- Lots of sun screen (hopefully the weather will be good!)
- You will also need a hat, a waterproof jacket, comfy footwear and of course, plenty of enthusiasm!!!

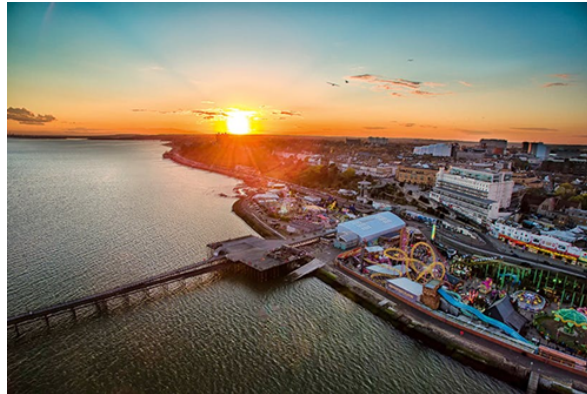
"I'm 100% certain I want to go back!"

SEASIDE & CITY -SOUTHEND & LONDON SHARD

This activity is OFF SITE

Southend is the ultimate day trip for a mix of high-energy thrills and beach hangouts. You can head to Adventure Island where entry is free and you can grab an all-day wristband for over 40 rides. If rides aren't your thing then check out the world's longest pleasure pier for the perfect seaside selfie.

On the other day, Forget standard sightseeing – head straight to The Shard for a sky-high experience that's anything but ordinary. Zipping up to the viewing platform in the high-speed lifts is half the fun, but the real thrill is reaching the top and seeing all of London spread out like a miniature map 800 feet below



- Cost £45 for both days' activities, Pupil Premium students will need to pay £22.50.
- Places for 48 students
- On the Southend day; 8.00am to 4.00pm (leaving from school)
- On the Shard day meet at Hillingdon station at 10:00.
- Packed lunch required for both days
- Lots of sun screen (hopefully the weather will be good!)
- You will also need a hat, a waterproof jacket, comfy footwear and of course, plenty of enthusiasm!!!

*"I'm 100% certain I
want to go back!"*

LONDON SIGHTS

This activity is OFF SITE

On one day, get ready for an epic London day out that's all about the views and the vibes! Start by soaring 135 meters high on the London Eye, where you can grab amazing 360-degree photos and spot famous landmarks like Big Ben and The Shard. Afterwards, hop on a Thames sightseeing cruise to see the city from the water.

On the other day, Forget standard sightseeing – head straight to The Shard for a sky-high experience that's anything but ordinary. Zipping up to the viewing platform in the high-speed lifts is half the fun, but the real thrill is reaching the top and seeing all of London spread out like a miniature map 800 feet below



- Cost £45 for both days' activities, Pupil Premium students will need to pay £22.50.
- Places for 40 students
- On the London sightseeing day, meet at Hillingdon tube at 9:30am.
- On the Shard day meet at Hillingdon station at 10:00.
- Packed lunch required for both days
- Lots of sun screen (hopefully the weather will be good!)
- You will also need a hat, a waterproof jacket, comfy footwear and of course, plenty of enthusiasm!!!

NATURE LOVERS

This activity is OFF SITE

Do you have a love of the natural world? Then you are sure to love Animal Magic.

On day one you will travel by tube to Kensington to visit the impressive Natural History museum. Uncover the history of life on earth and see some of the 80 million objects it has to offer!

On day two you will go by tube to Kew Gardens. Get ready to explore the massive glasshouses filled with giant waterlilies, exotic palms, and plants you won't find anywhere else. The real highlight for many is the Treetop Walkway, a thrilling 18-metre-high adventure through the forest canopy with epic views of the gardens.



- Cost £3 for both days activities, Pupil Premium students will need to pay £1.50.
- Places for 40 students
- On both days; 9.30am to 2.30pm, meeting at Hillingdon tube station
- Packed lunch required for both days

ART ON THE UNDERGROUND

This activity is OFF and ON SITE

Forget a standard gallery visit; the London Underground is your moving art exhibition. This is a unique way to discover an incredible mix of contemporary and historical art hidden beneath the city streets. You'll find massive, vibrant murals and mosaics by famous artists, like the intricate designs at Westminster or the bright patterns at Tottenham Court Road. It's an immersive experience where the history of transport meets modern creativity.

Day 2 is in school where you will spend the day being creative, taking inspiration from the range of exciting art you have experienced the day before.



- This activity is FREE.
- Places for 40 students.
- On day one meet at Hayes and Harlington station at 10:00am.
- On day two, its 10am to 2.00pm in school.
- Packed lunch required for both days

CHEF SCHOOL

*"Tasty food that
I cooked myself.
Free
experience?
Amazing!"*

This activity is ON SITE

Do you love cooking? Then this is for you! You will spend two days cooking foods from around the world and then get to enjoy an amazing feast!

Day one will include activities such as designing a menu plan, making food from scratch and designing table decorations.

On day two you will have the opportunity to do more cooking, and most exciting of all, eat what you have made!



- This activity is FREE
- Places for 30 students
- Both days will be in school from 10am to 2.00pm
- Packed lunch required for first day
- Ingredients for this activity will be provided
- And of course a love of food!

NORMANDY RESIDENTIAL

This activity is OFF SITE and residential.

Places for this trip have already been allocated. If you have secured a place on this trip then you do not need to make a FAB application.

This trip gives the opportunity of experiencing French life and culture at close hand by spending four days in Normandy. This will be a study trip as well as a cultural one.

The visit will take place from 13th to 16th July 2026 inclusive and includes a full programme of excursions. These will include a visit to Mont St Michel, a trip to Rouen famous for its gothic cathedral, a visit to a cheese farm and a chance to experience first-hand French markets.



WHAT NEXT?



Join the Google Classroom

Google Classroom

Code: uxvcf4wi



Complete the year 9 form with your
top **THREE** choices

Any time from Friday 6th to
Wednesday 11th February.



Pay on ParentPay by Friday 1st
May to secure your place.

