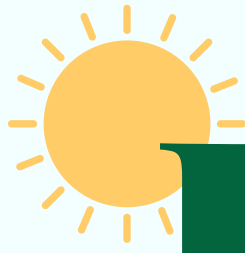




Year 10 - Fun with Friends & Making Memories



FLOURISH
ACHIEVE
BUILD

Sign up for FAB on
Google Classroom
Code: uxvcf4wi

**PROGRAMME OF
ACTIVITIES**

**15th & 16th July
2026**

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INTRODUCTION

We are very excited to launch FAB Week 2026! The theme for the year 10 activities is “Fun with Friends and Making Memories.” As this is your final FAB trip we want to give you the opportunity to have fun with your year group. This links to our school value of “Kind”.

Inside this booklet you will find the brief outline of all the activities on offer to year 10 for this year’s FAB days. Read each trip carefully to find out what the 2 days will involve, the cost of the trips and any specific trip requirements.

You can then decide which trip you wish to go on.

When applying, we ask you to indicate your top 3 in order of preference. Note: It is not possible to give everyone their first choice. We do our best and last year the majority of students did get their first choice.



*“Memories that
will last a
lifetime.”*

**Read all activity information carefully before
selecting your choices.**

All timings are approximate and subject to change.

SIGN UP

- Sign up will take place online from 15:30 Friday 6th February until 09:00 Wednesday 11th February. The year 10 sign up form can be found in the FAB Google Classroom ([code uxvcf4wi](#)) and on the school website.
- **THE SIGN UP PROCESS IS NOT FIRST COME FIRST SERVED. DISCUSS WITH YOUR FRIENDS AND FAMILY BEFORE APPLYING!!!**
- Just after half term you will get a ticket and payment will soon then appear on PARENTPAY. Payment for your trip using PARENTPAY must be made by midnight on Friday 1st May 2026. This step is vital in securing your place.

In order to proceed with the payment, you will need to have your PARENTPAY Login details. Once logged in, you will see the allocated trip and you will need to action payment. Please email the school office if you have a ParentPay query.

Pupils Premium (PP) students are expected to pay a 50% contribution to any trip requiring payment. The amount payable is clearly stated in the information section of each trip/activity.

BOWLED OVER BY THORPE PARK

This activity is OFF SITE

On one day you will go to Thorpe Park - Britain's most thrilling theme park. This year, push your limits on Hyperia, the UK's tallest and fastest rollercoaster, reaching heights of 236 feet and speeds over 80 mph.

Whether you are being launched 205 feet into the air on Stealth or braving the 100-degree beyond-vertical drop on SAW – The Ride, the park offers over 25 world-class attractions for ultimate thrill-seekers.

On the other day it's off to the bowling alley. Can you use your skills of power and judgement to STRIKE your way to victory?!!! This will be a luxury package including a full tournament, food and prizes for the winners!



- Cost £60.60 for both days' activities, Pupil Premium students will need to pay £30.30
- Places for 96 students
- On the Thorpe Park day; 8.45am to 5.00pm (leaving from school)
- On the Bowling day; meet at 11.00am at Hollywood Bowl, Uxbridge leaving at 2.00pm
- Packed lunch required for the Thorpe Park day only.
- Lots of sun screen (hopefully the weather will be good!)
- You will also need a hat, a waterproof jacket, comfy footwear and of course, must love thrilling rides!

GLIDE TO CHESSINGTON

This activity is OFF SITE

Experience the ultimate day trip at Chessington World of Adventures, Britain's wildest destination combining a theme park, zoo, and SEA LIFE aquarium. Whether you are braving the world's first Jumanji-themed rollercoaster, Mandrill Mayhem or soaring through the night on the classic Vampire ride, there is excitement for everyone.

On the other day, it's off to ice skating. Show everyone your moves....as long as you can stay on your feet!



- Cost £50 for both days' activities, Pupil Premium students will need to pay £25
- Places for 96 students
- On the Chessington day; 8.30am to 5.00pm (leaving from school)
- On the skating day; meet at 11.00am at West Ruislip Tube, return back there around 3pm.
- Packed lunch required for both days
- Lots of sun screen (hopefully the weather will be good!)
- You will also need a hat, a waterproof jacket, comfy footwear and of course, must love thrilling rides!

"I'm 100% certain I want to go back!"

BOWLED OVER BY ICE SKATING

This activity is OFF SITE

On one day, it's off to the bowling alley. Can you use your skills of power and judgement to STRIKE your way to victory?!!!



On the other day, it's off to ice skating. Show everyone your moves....as long as you can stay on your feet!



- Cost £32 for both days' activities, Pupil Premium students will need to pay £16
- Places for 40 students
- On bowling day meet at 11.00am at Hollywood Bowl, Uxbridge leaving at 2.00pm
- On the skating day; meet at 11.00am at West Ruislip Tube, return back there around 3pm.
- Packed lunch required for both days
- Lots of sun screen (hopefully the weather will be good!)
- You will also need a comfy footwear, thick socks for the skating and of course, a sense of fun!

NINJA LIFE

This activity is On and OFF SITE

Do you have a love of the fun and daring? If so, Ninja life is just for you!

One day it is off to Ninja Warrior. You've seen the show and now it's time for you to take up the challenge. You leap, you grip, you reach, you laugh. Can you beat the wall?

The other day is a fun packed day of Land Zorbing! These huge hamster balls are a hilarious, fast-paced zorbing experience. New for 2026 is the amazing football dartboard too.

These two days will take you on an unforgettable journey of self-discovery and laughter with your friends.



- Cost £48 for both days activities, Pupil Premium students will need to pay £24
- Places for 48 students
- Land Zorbing is at school
- On Ninja Warrior day, leaving school via coach at 10:00am, returning to school approximately 3pm.
- Lots of sun screen (hopefully the weather will be good!)
- Comfy clothing suitable for practical activities including suitable footwear.
- A love of all things Ninja!

CRAFTY CRAFT CRAFT

This activity is ON SITE

Do you have an artistic eye and love craft? Would you like to learn some new skills or have time practising doing things you already love in a chilled and creative way? If so, this could be the activity for you.

On day one you will learn how to arrange flowers to make an attractive display which you will be able to take home with you!

On day two you will learn how to crochet. You can then decide whether to make your creation into a brooch, a keyring or a hair accessory!



- This trip is FREE
- Places for 30 students
- On both days; 10.00am to 2.00pm in school
- Packed lunch required for both days
- And of course a creative, crafty mind!

NORMANDY RESIDENTIAL

This activity is OFF SITE and residential.

Places for this trip have already been allocated. If you have secured a place on this trip then you do not need to make a FAB application.

This trip gives the opportunity of experiencing French life and culture at close hand by spending four days in Normandy. This will be a study trip as well as a cultural one.

The visit will take place from 13th to 16th July 2026 inclusive and includes a full programme of excursions. These will include a visit to Mont St Michel, a trip to Rouen famous for its gothic cathedral, a visit to a cheese farm and a chance to experience first-hand French markets.



WHAT NEXT?



Join the Google Classroom

Google Classroom

Code: uxvcf4wi



Complete the year 10 form with
your top **THREE** choices

Any time from Friday 6th to
Wednesday 11th February.



Pay on ParentPay by Friday 1st
May to secure your place.



 **F** *fourish*
A *Achieve*
B *+uild*