

Revision Tips

My revision goal

S Specific Who, What, Where, When, Why, Which	M Measurable From and To	A Attainable How	R Relevant Worthwhile	T Timely When

Things that will help me achieve this

How I will make sure my environment supports my revision (quiet place, no distractions, study buddy, equipment)	
What revision techniques I will try	
How often I will take breaks and what I will do in them to ensure I rest / look after myself	
How I will reward myself for achieving my daily goal	

Schedule idea 1

Time	Monday	Tuesday	Wednesday
9:00 am			
10:00 am			
11:00 am			
12:00 pm			
1:00 pm			
2:00 pm			
3:00 pm			
4:00 pm			
5:00 pm			

Time	Thursday	Friday	Saturday
9:00 am			
10:00 am			
11:00 am			
12:00 pm			
1:00 pm			
2:00 pm			
3:00 pm			
4:00 pm			
5:00 pm			

Schedule idea 2

CLASS/MODULE:	EXAM DATE:
---------------	------------

TOPICS:	UNDERSTANDING: ☆ ☆ ☆ ☆ ☆
---------	--------------------------

TO DO	DATE		REMARK

CLASS/MODULE:	EXAM DATE:
---------------	------------

TOPICS:	UNDERSTANDING: ☆ ☆ ☆ ☆ ☆
---------	--------------------------

TO DO	DATE		REMARK

CLASS/MODULE:	EXAM DATE:
---------------	------------

TOPICS:	UNDERSTANDING: ☆ ☆ ☆ ☆ ☆
---------	--------------------------

TO DO	DATE		REMARK

Revision Tips

Pomodoro Technique

A SIMPLE METHOD TO BALANCE FOCUS WITH DELIBERATE BREAKS



- 1 PLAN YOUR TASKS
How many pomodoros might you need?

- 2 DO 1 POMODORO
Time for 25 mins then take a 5 min break

NO SNEAKY
WORKING!

PROTECT
YOUR POMODORO!



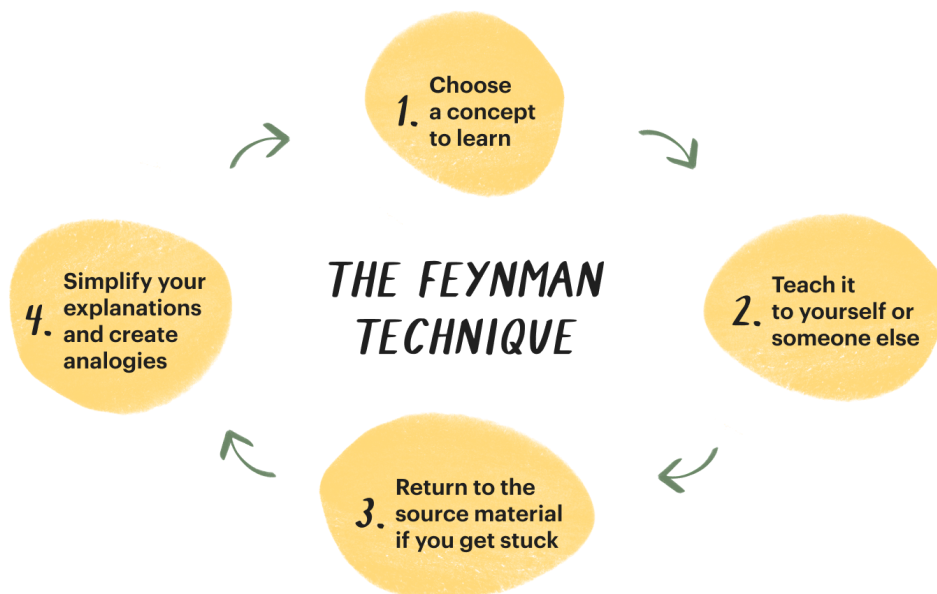
- 3 REPEAT x 4 POMODOROS
Then take a longer break



Feynman Technique

To understand a topic thoroughly, select a topic and explore it, use your revision skills to learn it, and then explain it to someone in simple terms.

If you can explain it simply, you understand the topic. If you have difficulty explaining a part of the topic, review it again.



Revision Tips

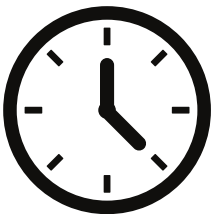
Blurting

Active recall is a way of revising that involves retrieving information from memory through testing yourself at every stage of the revision process.

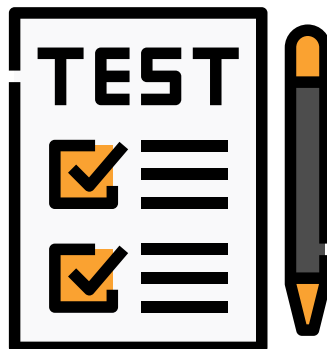
You are an active, rather than a passive, participant in the revision process.

TITLE		DATE
BLURTING WRITE DOWN EVERYTHING YOU CAN RECALL ABOUT THE TOPIC FROM MEMORY		
WHAT DID YOU FORGET? KEY INFORMATION THAT YOU FORGOT (WRITE IN A DIFFERENT COLOUR)	PRACTICE Q'S QUESTIONS TO TEST YOUR KNOWLEDGE AND EXAM TECHNIQUE	

Practice exam conditions



Test conditions
(timed and no
distractions)



Printed test papers



In silence